

Between the Lines

Cedar Bluff Racquet Club

Volume #188

December, 2012

Winter Programs

January 9, 2012– March 18, 2012

(10 Weeks)

Our winter program schedule will begin January 9, 2012 and run for ten weeks. Enclosed you will find the schedule that offers a little something for all levels of play. *Juniors will begin one week earlier, Monday January 2, 2012 and the program will run through May.



Pro Tip of the Month

Dana Forsyth

Holiday Club Hours

Friday, December 23rd-Last Day for Clinics and Blocktime

Saturday, December 24th...Christmas Eve...8:00a.m.-12p.m.

Sunday, December 25th...Closed

December 27th-28th...Southern Indoor Championships...Indoor Courts will be closed (Outdoor courts available)

Saturday, December 31st...New Year's Eve...8:00 a.m.-4:30 p.m.

Sunday, January 1st...New Year's Day...10:30a.m.-6:00p.m.



Special Points of Interest::

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Pro Teaching...Our Pros will be here most of the Holiday Break...so it will be easy to take advantage of their availability (no clinics-leagues-seasonal) and get in some private lessons!!!

Southern Indoor Championships...

Beginning Tuesday, December 27th thru Wednesday, December 28th we along with KRC will be hosting the Boy's and Girl's 16 and 18 Southern Indoor Championships! The South's finest players will be competing for this prestigious title. Be sure to stop by and watch many future SEC and Division I players. Admission is free!!

Cedar Bluff Racquet Club

CBRC WINTER ADULT CLINICS

January 9th—March 18th (10 Weeks—\$195.00)

WOMEN'S CLINICS

Monday

- | | |
|---------------|-----------------|
| 1. 3.5 Clinic | 9:00—10:30 a.m. |
| 2. 4.0 Clinic | 6:00—7:30 p.m. |

Wednesday

- | | |
|---------------|----------------|
| 3. 3.0 Clinic | 7:30—8:30 p.m. |
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Thursday

- | | |
|---------------|-----------------|
| 4. 3.0 Clinic | 8:30—10:00 a.m. |
| 5. 3.5 Clinic | 9:00—10:30 a.m. |

Friday

- | | |
|-----------|----------------|
| 6. Cardio | 8:30—10:00a.m. |
|-----------|----------------|

Saturday

- | | |
|-------------------|----------------|
| 7. 3.0—4.5 Clinic | 9:00—10:30a.m. |
|-------------------|----------------|

MEN'S CLINICS

Tuesday

- | | |
|---------------|----------------|
| 8. 3.5 Clinic | 6:00—7:30 p.m. |
|---------------|----------------|

Thursday

- | | |
|------------------|----------------|
| 9. 3.5/4.0Clinic | 6:00—7:30 p.m. |
|------------------|----------------|

Saturday

- | | |
|--------------------|-----------------|
| 10. 3.0—4.5 Clinic | 9:00—10:30 a.m. |
|--------------------|-----------------|

CBRC WINTER 2011 LEAGUES (\$48)

Women's Leagues

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|----------------------------|-----------------|
| <u>Tuesday</u> —3.0 Ladder | 9:00—10:30 a.m. |
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- | | |
|------------------------------|-----------------|
| <u>Wednesday</u> —3.5 Ladder | 9:00-10:30 a.m. |
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- | | |
|-------------------------------------|-----------------|
| <u>Thursday</u> —8.0+ 2 x 2 Doubles | 9:00-10:30 a.m. |
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- | | |
|------------------------------------|------------------|
| <u>Thursday</u> —8.0+2 x 2 Doubles | 10:30-12:00 p.m. |
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Men's League

- | | |
|-----------------------------------|-----------------|
| <u>Monday</u> —Persons of Leisure | 9:00—10:30 a.m. |
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Pro Teaching Rate

Jeff Brainard	\$48	David Price	\$48
Mario Dorado	\$48	Louie Royal	\$46
Dana Forsyth	\$48	John Gompert	\$48
Rusty Morris	\$48	David Wilson	\$48
Derek Stultz	\$30	Nathan Beckroge	\$30

JUNIOR CLINICS

Monday

- | | |
|-----------------------------------|-------------------------------------|
| 11. Mighty Mites | 3:30-4:30 p.m. |
| 12. Future Stars | 4:30-6:00 p.m. |
| <i>Junior Tournament Training</i> | <i>4:00-6:00 p.m. Special Price</i> |

Tuesday

- | | |
|-----------------------------------|-------------------------------------|
| 13. Mid/Hi | 4:30-6:00 p.m. |
| 14. Home School Clinic | 2:15—3:15 p.m. <i>Special Price</i> |
| <i>Junior Tournament Training</i> | <i>4:00-6:00 p.m. Special Price</i> |

Wednesday

- | | |
|-----------------------------------|-------------------------------------|
| 15. Mighty Mites | 3:30-4:30 p.m. |
| 16. Future Stars | 4:30-6:00 p.m. |
| <i>Junior Tournament Training</i> | <i>4:00-6:00 p.m. Special Price</i> |

Thursday

- | | |
|-----------------------------------|-------------------------------------|
| 17.. Mid/Hi | 4:30-6:00 p.m. |
| <i>Junior Tournament Training</i> | <i>4:00-6:00 p.m. Special Price</i> |

Friday

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|----------------|----------------|
| 18. FIT Clinic | 4:00-6:00 p.m. |
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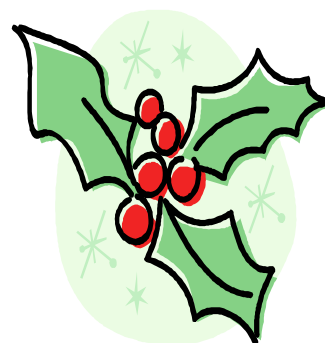
Saturday

- | | |
|---------------------------------------|---------------------------------------|
| 19. Future Stars/Mid/Hi | 10:30-12:00 p.m. |
| 20. <i>Junior Tournament Training</i> | <i>10:00-12:00 p.m. Special Price</i> |

Please note if you sign up for 2 full clinics the second one is half price!!!

Cbrctennis.com

Check out our Web site to keep informed about clinics, leagues, and other opportunities to stay at the top of your game!!!



RACQUETS & JACKETS

**All apparel is 40% off the
month of December!!!**

Junior Tournament

Our next USTA sanctioned tournament is scheduled for January 13-15, 2012. Pick up entry forms from our Junior information table or see someone at the front desk at CBRC.

Vody's Team Tennis...

Sunday afternoon is an exciting time to play tennis at Cedar Bluff!!! Men's and Women's doubles play at 1:30 and mixed doubles begins at 3:00...rosters fill up fast!

If you are interested in playing, please call VODY at 539-6433.

CALLING ALL CAPTAINS!

It's time to start preparing your team for a successful 2012 USTA season. Cedar Bluff Racquet Club is ready to assist you with all your team's needs. We have the staff to organize 1, 2, or 3 court practices for your team. Our pro's will help you match players and make line-ups for your matches. PTI would like to work with your team for team fitness training. As always Racquets and Jackets is available to assist with your team uniform decisions and fitting. Let CBRC make this your most successful USTA season!!!!



Captains of teams practicing at Cedar Bluff Racquet Club are entitled to these perks!!

1. Your clinic is **free** if your team fills 2 courts for practice.
2. PTI is offering captains **free** workouts when they have 4 other team members in their group. Choose one or two days a week to get tennis specific training. The focus will be on strength, flexibility, range of motion, and footwork. The training is designed specifically to improve your game and prevent injuries.
3. Captains receive 30% discount at Racquets and Jackets on team uniform orders.
4. Non-members may participate in a USTA team clinic by paying a \$5.00 non-member fee per clinic.

Thanks for considering Cedar Bluff Racquet Club for your USTA team's home! If you have any questions, please call 690-5700 and ask for Rusty Morris or John Gompert. You may also reach Rusty at rusty.morris@cbrctennis.com.



2012 was again a very busy year at Cedar Bluff. I am pleased to report tennis is alive and thriving in Knoxville, especially here at the club. I would like to personally thank all of you who continue to take lessons, play in our leagues, bring your children to their clinics, and book our courts in record numbers. Even with the tough economy you have shown how important Cedar Bluff is in keeping people happy and healthy. On behalf of the entire staff,

Happy Holidays!!!



David

